

Holiday Trifle Dessert

Recipe By : Whole Foods

Amount	Measure	Ingredient -- Preparation Method
12		ladyfinger cookies
2	cups	strawberry jam (or peach jam)
1	package	strawberries (or peaches) -- sliced
		American custard (or cooked vanilla pudding)
8	ounces	heavy whipping cream (or frozen whipped topping)

1. Split ladyfingers and spread with jam.
2. Mix custard and cook according to directions.
3. Layer 1/3 of lady fingers, then 1/3 of strawberries, pour 1/3 of custard over this.
4. Repeat process ending with custard.
5. Whip cream until firm and spread on top.
6. Garnish with strawberries.
